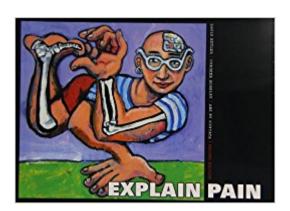


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Explain Pain (8311)





Synopsis

Explain Pain is a proven stayer among health texts. With great clarity and quirky images, it answers common questions asked by pain sufferers, such as "Why am I in pain?", "Why has it spread?" and "What can I do to help?" Explain Pain gives new and immediate hope to pain sufferers and their family and friends. It describes the complexities of the central nervous system for chronic pain patients in everyday language. Studies now show that understanding more about why things hurt can help patients go about their daily lives. This book aims to empower clinicians and pain sufferers to challenge pain, revise their view of pain and follow a scientific road to recovery. Written by Dr. David Butler and Dr. G. Lorimer Moseley. Illustrated. Spiral-bound softcover; 130 pages.

Book Information

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Customer Reviews

David Butler, B Phty, GDAMT, M App Sc, PTClinician, author, lecturer and educator, David Butler passionately spreads his knowledge regarding the treatment of acute and chronic pain utilizing his insightful blend of manual-therapy skills with neurobiological evidence and clinical decision-making skills.G. Lorimer Moseley, PhD, FACPDr. Moseley is professor of Clinical Neurosciences and Foundation Chair in Physiotherapy at the University of South Australia, Senior Principal Research Fellow at Neuroscience Research Australia and Chair of PainAdelaide. He has a unique ability to teach the science of pain in a way that s applicable to professionals and accessible to patients.

I should have read the one-star review prior to purchasing the Kindle version. Absolutely terrible

formatting as it is a PDF or picture with such small print I was unable to read it and apparently CAN NOT return this book. needs to fix this formatting issue. I have hundreds of kindle books and have not come across anything like this--there are more white space than words (see picture below). This review is not for the content of the book.

Agree with all other 1-star reviews. HORRIBLE FORMATTING. Just wasted \$20. Explain that pain.

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The Kindle version is not readable. There is a disclaimer but unfortunately I did not see it before I purchased the book. It is so bad that they really should not even offer it as a Kindle edition. However, the content of the book is quite good as I borrowed the book from my physical therapist after obtaining my unreadable version.

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It's NOT a kindle version but rather a pdf (with tiny tiny print....). Impossible to read on a phone or tablet. Come on ...really?

I suffer from CRPS. I now understand what's happening to me and how to change it. I had no idea how complex, yet simple, my condition is and how I can systematically improve my prognosis. I' m currently reading and following the Graded Motor Imagery Handbook and making progress. I got the e-version of Explain Pain on my Kindle. The only problem I had is that I couldn't enlarge the font like

I can with all other books. The font was very small and hard to read. I'd recommend getting the physical book.

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